

AFL Approved Curricula List

The curricula on this list have been reviewed using the abstinence definition as set forth in the “Personal Responsibility and Work Opportunity Act of 1996,” Public Law 104-193. Some of these curricula are approved with required modifications and/or guidance. If you choose to use one of the curricula on this list and have been funded by OAPP, you will be provided in writing instructions for making modifications and/or guidance to follow when using the curriculum. You are not required to choose a curriculum that is on this list. However, any curriculum and materials used in your AFL project must be reviewed and approved by OAPP prior to use.

TITLE	COPYRIGHT	PUBLISHER	TELEPHONE
Abstinence Pick and Choose Activities	1996	ETR Associates	(800) 321-4407
April Vacation Peer Leader Program Activities		People's Regional Opportunity Program	(207) 874-1140
Assertive and Responsible Teens Project Curriculum and Lesson Plans	1997	Services United for Mothers and Adolescents, Inc.(SUMA)	(513) 721-7862
Baby Think It Over		Baby Think It Over, Inc.	(715) 830-2040
Best Friends Curriculum		The Best Friends Foundation	(202) 237-8861
Body Image Parts I, II, III, Helping Skills, Menstrual Cycle		National Latina Health Organization	(510) 534-1362
Botvin's Life Skill Training Curriculum (Student Guides Years 1-3; Teacher's Manuals Years 1-3 & Relaxation Exercises Audio Tape)	1997	Princeton Health Press	(609) 921-0540
Brothers to Brother II	1996	Brother to Brother Project	(919) 250-4400
Changing Scenes - Teen Outreach Program (TOP) - Youth Development Through Service & Learning - Lessons Level II	1996	Cornerstone Consulting Group, Inc.	(713) 627-2322
Changing Scenes-Teen Outreach Program (TOP) Lessons LEVEL I	1996	Cornerstone Consulting Group, Inc.	(713) 627-2322
Changing Scenes-Teen Outreach Program (TOP) Welcome to Teen Outreach Program Handbook	1996	Cornerstone Consulting group, Inc.	(713) 627-2322
Changing Scenes-Teen Outreach Program (TOP) Youth Development Through Service & Learning - Service-Learning Supplement	1996	Cornerstone Consulting Group, Inc.	(713) 627-2322
Choosing the Best	1995	Project Reality	(847) 729-3298
Developing Nurturing Skills: A K-12	1992	Family Development Resources, Inc.	(800) 688-5822

School Based Curriculum
 Empowering Student to Make
 Healthy Choices - Grade 5 Teacher's
 Activity Manual & Grade 5 Student
 Handbook

Facing Reality: A Handbook for Healthy Living - Parent/Teacher Guide	1990	Project Reality	(847) 729-3298
FACTS Curriculum Series		Northwest Family Services	(503) 215-6377
Families United To Prevent Teen Pregnancy (FUPTP)		Rosalie Manor, Inc.	(414) 449-2868
Growing Up Caring: Exploring Values and Decision Making	1990	GLENCO Macmillan/McGraw-Hill Education Division	
Into Adolescence: Choosing Abstinence	1989	ETR Associates	(800) 321-4407
Junior Staff Career Development Program Manual	1994	Boys & Girls Clubs of America	(404) 815-5700
Life's Skills Training: Promoting Health & Personal Development	1999	Princeton Health Press, Inc.	(800) 636-3415
Managing Pressures Before Marriage: An Educational Series for Young, Preteens- Leader's Guides, Parent's Guides and Videos	1997	Adolescent Ctr. for Reproductive Health Grady Health System	(404) 616-3531
Mediation for Kids: Kids In Dispute Settlement (curriculum & Video - "Mediation: Getting to Win")	1992	Peace Education Foundation	
Middle School FAST (Families & Schools Together) Program Manual	1997	Alliance For Children & Families	(800) 221-3726
Nurturing Program for Parents and Adolescents - Activities Manual for Parents	1988	Family Development Resources, Inc.	(715) 833-0904
Nurturing Program for Parents and Adolescents - Adolescent Handbook	1988	Family Development Resources, Inc.	(715) 833-0904
Nurturing Program For Parents and Adolescents Parent Handbook	1988	Family Development Resources, Inc.	(715) 833-0904
Nurturing Program for Parents and Children - Parent Handbook	1985	Family Development Resources, Inc.	(715) 833-0904
Penn Optimism Program: Depression Prevention for School Children	1996	Department of Psychology, University of Pennsylvania	
Positive Life Choices - 10 Wise Ways to Stop and Think	1998	Positive Life Choices	(303) 837-9484

Positively Abstinent Teaching Kit	1995	ETR Associates	(800) 321-4407
PROP Peer Leader Program Curriculum Materials		People's Reg. Opportunity Program	(201) 874-1140
Ready-Or-Not-Tot Curriculum Lessons, Dallas Independent School District Version	2000	Health Education, Dallas Independent School District	(214) 932-5134
Reasonable Reasons To Wait: The Keys To Character - Teacher's Manual	1997	A Choice In Education	(703) 263-1102
Respect Yourself - Written Curriculum Materials	1997	Alabama Department of Public Health	(334) 206-5675
Second Step: A Violence Prevention Curriculum - Level One	1997	Committee for Children	(800) 634-4449
Sex Can Wait: High School Curriculum	1998	ETR Associates	(800) 321-4407
Sex Can Wait: Middle School Curriculum	1997	ETR Associates	(800) 321-4407
Sex Can Wait: Upper Elementary School	1997	ETR Associates	(800) 321-4407
Sexually Transmitted Infections - Educator's Resource	1999	Office of Population Affairs, OS, PHS, USDHHS	(301) 654-6190
Social Development Strategy Theory		People's Reg. Opportunity Program	(207) 874-1140
Success at Work Program for High School Students (SAW II)		Deland Area Chamber of Commerce & Volusia County	(804) 255-6475
Success At Work Program for Middle School Students (SAW I)		Deland Area Chamber of Commerce & Volusia County	(804) 255-6475
Systematic Training for Effective Parenting (STEP/Teen - 1998) Leader's Resource Guide and Three Accompanying Videos	1998	American Guidance Service	(800) 328-2560
TEENLINK Community (TLC) Project Mentoring Curriculum		The Mentoring Center (for certain sections)	(510) 891-0427
TeenLink-Community (TLC) Project - Sibling Program	1997	YMCA of San Diego	(619) 229-9422
TeenLink-Community (TLC) Project Curriculum - Pryde Curriculum		ETR (Sex Can Wait) & YMCA of San Diego (Pryde)	(619) 229-9422
The Four Conditions of Self-Esteem	1992	ETR Associates	(800) 321-4407
The Future Is Ours/El Futuro Es Nuestro	1998	Lake County Health Department	(847) 360-2922
Training Teen Leaders Curriculum - Training Teen Leaders: A Handbook; Teen Leader Survival Guide; Training Teen Leaders Video	1997	Adolescent Reproductive Health Center of Emory University	(404) 616-3513
Understanding Your Sexuality and Your Choices		Community of Caring	(202) 393-1250

Violence and Oppression & Self Esteem Curriculum	People's Reg. Opportunity Program	(207) 847-1140
Visions for Spring Personal Health and Responsibility Curriculum	People's Reg. Opportunity Program	(207) 874-1140